

EXODUS

A GRACESPRING BIBLE CHURCH SERMON SERIES



NOVEMBER 11, 2018 | FAMILY GROWTH GUIDE

Heart Beats – Heart Speaks

Exodus 4:18-31

Family Activity

Partial obedience is disobedience.

- Just add a pinch of salt to your kool aid and see how partial salt added to a good cup makes it taste bad
- Just add a couple drops of really hot -hot sauce to your ketchup and see how a little bit effects to overall taste
- Just remove a little bit of baking soda/powder from your cookie recipe and notice how missing a partial ingredient effects of the whole batch rise and fluff properly

Even a little bit of an ingredient can affect...even ruin...the whole product.

Parent Teaching Moment

- Use an object you have at home and repurpose as a drum (Example: pot, pan, plastic bowl, wood block, etc)
- Use an object you have at home and repurpose as a drumstick (Example: spoon, spatula, dow rod, old toothbrush, etc)
- Have each family member, one at a time, keep the rhythm or syllable beat to the song "Happy Birthday To You". (Individual beat)
- Have the next family member do the same (Individual beat)
- Once all members have had their individual turn to the play the 'drum' to the song...ask all members to play together

*Notice the difference in sound when the members play together

Discussion Questions

1. What happened when a member played a beat at a different time than another member?
How'd did that sound?
2. Were there members of your family who thought it would be funny to disobey and play different beat than others on purpose?
3. Did it sound best when all played together and obeyed the rhythm of the song or when people played their own way?
4. Was it easier to play individually or in a group? Why?
5. Is obedience to God's rules (in the Bible) easier when individually or when your pressured by your friends/family in a group setting?

Just like our heart beats...those beats are kinda like our heart speaking to us letting us know we are alive. Our heart also speaks to us and let's us know when we are on rhythm or off rhythm. When we are obeying and not obeying. When we are disobedient it's part of our 'sin' nature to feel guilt, shame, or anxious. Like a bunch of people trying to play the same beat to a drum...if one person disobeys the beat pattern...the whole song sounds "off". Even one OFF beat, or one time of disobedience makes our life "off". BUT....PRAISE THE LORD...HIS MERCY AND FORGIVENESS IS READILY AVAILABLE TO US!!! HE IS ABLE (& WILLING) TO FORGIVE US OF OUR DISOBEDIENCE, REMOVE ALL THE GUILT, AND GET US BACK ON RHYTHM.