

EXODUS

A GRACESPRING BIBLE CHURCH SERMON SERIES



NOVEMBER 11, 2018 | **PERSONAL** GROWTH GUIDE

Heart Matters

Exodus 4:18-31

Message Big Idea

Partial obedience is disobedience.

Reading Plan

Moses has just heard from God in an intense and powerful way. Up until this point, God had been quietly orchestrating the pieces of the Hebrew captives story behind the scenes. God begins his work in Moses by telling him to go back to his roots.

“And the Lord said to Moses, “When you go back to Egypt, see that you do before Pharaoh all the miracles that I have put in your power.”

Exodus 4:21

This starts an incredible chain of events. Before all of this can happen, Moses finds himself in a pretty crazy situation. In this week’s passage we see Moses being confronted by God on his way to Egypt. You would think that Moses’ act of obedience was enough, but God was after Moses’ total obedience because God is always after man’s heart. This week in your daily reading, use the **SPECK** method of study to help open up the words of scripture as you read and journal:

- **Sins to Avoid** - Make a list of any sins, wrong actions, or attitudes mentioned in this passage. How can you avoid these areas in your life?
- **Promises to Claim** - Make a list of any promises - either stated or inferred in this passage. Which of these promises can you claim this week?
- **Examples to Follow** - What examples do you see in this passage? Is there an example you should take to heart and use in your own life? Write it down.

- **Commands to Obey** - Write out any commands that you find in your reading. If the passage encourages you to take a specific action, view that as a command.
- **Knowledge of God to Apply** - What does the passage tell you about God that you can apply to your daily life? God's character shines through these passages as an example for you.

Monday: Exodus 4:18-31

Tuesday: Genesis 17:1-17

Wednesday: Hebrews 12:4-12

Thursday: Matthew 7:1-5

Friday: Ephesians 2:1-10

Saturday: Psalm 139:1-24

Daily Prayer Guide

Practice prayer journaling this week by writing out your prayers in response to your reading. This week use the following 3 cues in your prayer time:

- **Reflection** - Ask God to bring to your attention the one or two moments today (or yesterday) that you are the most grateful for.
 - If you could relive one moment, which one would it be?
 - When were you most able to give and receive love today?
 - Ask yourself what was said and done in that moment that made it so good.
 - Relive that moment in your mind and thank God for what you experienced.
- **Growth** - Ask God to bring to your attention the one or two moments today (or yesterday) that you are the least grateful for.
 - When were you least able to give and receive love?
 - Ask yourself what was said and done in that moment that made it so difficult.
 - Relive the feelings without trying to change or fix it in any way.
 - Take deep breaths and let God's love fill you just as you are.
- **Gratitude** - Give thanks for both of the experiences that you experienced today, seeing God at work and alive in those moments.
 - If possible write down as much as you can about these two moments, straining to see God's fingerprints at work in them.
 - After you finish writing them down or praying through them, think one last time for these moments and take time to thank God allowing you to experience the good, and for being fully present even in the bad.