



- 1) Last week, we talked about prayers of praise. How were you able to make praise a part of your life last week?
- 2) How often do you think about sin in your everyday life?
- 3) When you *do* think about sin in your life, what brings it to your mind?
- 4) Do you think that we, as believers, take our sin seriously enough? Why or why not?
- 5) How can we make confession more a part of our daily life?

Read James 5:13–18.

- 6) Why would it be important to confess your sins to someone else as well as to God?

Use the last few minutes to let the students know that, you are there for them. Don't try to get students to confess their deep dark secrets to the group, but let them know that sometimes we need others to stand next to us, pray for us, and help carry our burdens. Confessing sins to someone else adds an extra level of prayer and accountability. Some students don't have a safe place to share. Let them know that you and the other adults are there for them if they have a struggle or need prayer.

CLOSE IN PRAYER FOR THE GROUP.



- 1) What has changed the most about you in the past two years?
- 2) If you could change anything about yourself, what would it be?
- 3) Who is someone you know who has clearly been transformed by Jesus?

Have each student answer the following two questions:

- 4) If you had to narrow it down to one thing, what would you pray that Jesus would increase in you?
- 5) What is a Scripture that you could hold on to that God could use in this area of your life? (Leaders and other students can help those in the group who are having a hard time finding a Scripture.)

Challenge the students to place this verse where they will see it every day, or even better, memorize it. Either way, students should begin to pray this verse throughout the day and week, asking God to produce this change in their life.

Remind the students to repent when they fall short, but to praise God when they see Him at work!

CLOSE IN PRAYER. (If there's time, pray specifically for each student and the change they desire to see in their life.)



Read Ephesians 3:19 (MSG):

Pray hard and long. Pray for your brothers and sisters. Keep your eyes open. Keep each other's spirits up so that no one falls behind or drops out.

- 1) What areas of your life, or times of the day, do you look to Jesus the most? The least? Why do you think that is?
- 2) What are you most likely to ask someone else to help you with?
- 3) How comfortable are you with asking someone else to pray for or with you? Why?
- 4) Is it awkward for you to pray for someone else? What about for them to pray for you? Why?
- 5) Can you think of the last time that God clearly answered your prayer? What happened?

Use this last question to guide your prayer time together as a group. Have each student share. It can be as general or specific as they would like. Each student should pray for the student on their right, around the circle until everyone has been prayed for.

- 6) What is something weighing you down or exhausting you, that you'd like prayer for?